

# *OLF Education*

## *EXTREME KETTLEBELL INSTRUCTOR*

*Be it known that the faculty of Optimal Life Fitness Limited has confirmed that*  
*Dave Todd*

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*Has successfully completed the comprehensive course and assessment procedure  
required to obtain certification as an Extreme Kettlebell Instructor (EKI) with  
all rights, privileges, honours and responsibilities pertaining thereto.*

1326

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Certificate number

Date of course: 29<sup>th</sup>-30<sup>th</sup> January 2011



Course President





*Europe's Leading Providers in Continuing Educational Training for the Fitness Professional and Strength Coach*

Dave Todd  
63a Foxbourne Road,  
Balham  
London  
SW17 8EN

Dear Dave,

Congratulations on completing the EKI Course! Firstly and most importantly I'm pleased to tell you that you've passed and you're now a certified EKI Instructor. The OLF team would like to thank you for attending the course, we hope you thoroughly enjoyed the course and are now ready to introduce your new knowledge to your clients. Please find enclosed your AEKI certificate.

Now that you've completed this course we'll keep in touch with you from time to time with some great training ideas, workouts and programmes. So look out for the emails coming your way soon with links to our Online Resource Centre and training platform.

Now that you've done a course with OLF, we're offering you a great deal on all of our Educational Courses for 1 week only! Check out our website to see what else is on offer [www.optimallifefitness.com](http://www.optimallifefitness.com)

Once again, thanks for taking part in the EKI Course and welcome to the growing number of EKIs all over the world!

I'll be in touch shortly with more training ideas and details of further educational course, but in the mean time if you need anything please don't hesitate to contact me.

Kind regards

Mayyah

**Optimal Life Fitness Ltd**

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